

JANKEN

TAKE AWAY MENU

Online Order; www.jankenjapanese.com

Phone Order; 09 360 0555

Pick Up Time: 12pm-2pm(Thu- Sun) 5:30pm-8pm(Wed-Sun)

RICE BOWL....., , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , , ,
 served w/multi-grain rice

V ☆ Tofu Bowl 21.0

pan-fried organic Tofu & mushroom with JANKEN BBQ sauce w/fresh vegetables, quinoa*, JANKEN Koji & carrot dressing, Edamame, Tamari roasted seeds*, pickled ginger, Nori seaweed

☆ Teriyaki Free-range Chicken Bowl 22.0

pan-fried chicken & mushroom with JANKEN Teriyaki sauce w/fresh vegetables, quinoa*, JANKEN Koji & carrot dressing, Edamame, Nori seaweed, roasted sesame*

☆ Teriyaki Salmon Bowl 25.0

pan-fried Mt.Cook Alpine salmon & mushroom with JANKEN Teriyaki sauce w/fresh vegetables, quinoa*, JANKEN Koji & carrot dressing, Edamame, Nori seaweed, roasted sesame*

☆ Yakiniku Beef Bowl 25.0

stir-fried sliced NZ Angus Beef and onion with JANKEN BBQ sauce, w/fresh vegetables, quinoa*, JANKEN Koji & carrot dressing, roasted sesame*, Edamame, spring onion

☆ Salmon or Kingfish Sashimi & Avocado Bowl 25.0

choose Mt.Cook Alpine salmon or Ruakaka kingfish. fresh and flaked fish & avocado on Sushi rice w/fresh vegetables, quinoa*, JANKEN carrot* & Koji dressing, Nori seaweed, Wasabi, pickled ginger

V ☆ JANKEN-made

Vegan Curry Bowl 23.0

Japanese-style curry is made from scratch served with grilled organic Tempeh & grilled vegetables w/pickled Daikon radish, spring onion, shredded chilli

V ☆ Spicy Poke Bowl

Vegan 23.0/Sashimi 24.0

spicy vegan mince & Inari Tofu/spicy Sashimi tartare on Sushi rice, avocado, fresh vegetables, organic Tamari roasted seeds, Edamame w/sweet sour dressing, Nori seaweed, pickled ginger

SASHIMI.....

served w/Wasabi. gluten-free soy sauce

☆ Mt,Cook Alpine Salmon
 Ruakaka Kingfish
 Today's Market Fish

17.0 6 pieces/34.0 12 pieces
 choose your favourite. can be mixed

☆ Sashimi Platter 40.0

freshly sliced 4 kinds of fish(12 pieces), Hokkaido scallop(2 pieces) and red prawn(2 pieces)

SALAD....., , ,

V ☆ Probiotic Carrot Salad

16.0/22.0

shredded carrot & beetroot,garden salad w/Tamari roasted seeds*,quinoa*, JANKEN Koji & carrot* dressing

STEAMED BUNS 2pieces.....

V Eggplant Steak & Sweet Date Miso Buns 14.0
 w/salad, pickled ginger

V Garlic Miso Organic Tofu Buns 14.0
 w/salad, carrot, spring onion

Teriyaki Free-range Chicken Buns 14.0
 w/salad, carrot

※you can add mayonaise (+1.0)

SUSHI.....

served w/Wasabi,pickled ginger

V ☆ Tofu & Vege Sushi Roll

21.0 (8 pieces)

pan-fried Tofu* coated with Yuzu-pon dressing, avocado, carrot, cucumber, Daikon radish, beetroot, red cabbage, Nori seaweed, Nori seaweed salt, sprout w/Yuzu-pon dressin

☆ Salmon Avocado Sushi Roll

24.0 (8 pieces)

fresh Mt.Cook Alpine Salmon,avocado, carrot, Tamari roasted seeds*, Nori seaweed

V ☆ Avocado Sushi Roll

13.0 (8 pieces)

avocado, Nori seaweed

☆ Teriyaki Chicken Sushi Roll

22.0 (8 pieces)

Teriyaki free-range chicken, Nori seaweed w/Teriyaki sauce

V ☆ Inari Sushi 9.0 (2 pieces)

a fried bean card that is simmered with a salty sweet sauce stuffed with Sushi rice. topped with vegetables & Tamari roasted seeds*

HOT POT SET.....

served w/steamed multi-grain rice, Tsukemono(Japanese pickles),Edamame

V ☆ Creamy Vegan Hot Pot 25.0

Tofu*, Tempeh*, seasonal vegetables, rice noodles cooked in a creamy garlic soy milk soup

☆ Seafood Hot Pot 27.0

red prawn, Alpine salmon, today's fish, seasonal vegetables, rice noodles cooked in a organic Miso based soup

☆ Free-range Chicken Hot Pot

26.0

free-range chicken, seasonal vegetables, rice noodles cooked in a Yuzu Shio(salt) soup

SINGLE DISH.....

V ☆ Imo Mochi 2 pieces 9.0

pan-fried savory agria potato Mochi w/garlic Miso sauce, Nori seaweed, sesame

V ☆ Edamame 10.0

w/Himalayan pink salt or spicy red pepper seasoning

V ☆ Kinpira Renkon 10.0

Japanese lotus root & carrot stir fry side dish with a slightly tangy, sweet and spicy flavor w/roasted organic sesame

☆ Saikyo Sweet Miso Salmon

Fillet or Wing 15.0 (1 piece)

pan-fried & steamed Mt.Cook Alpine Salmon marinated in sweet Miso sauce w/pickled ginger, lemon

☆ Nanban-style Karaage

Chicken 30.0/ Tofu 28.0(V)

sweet & sour fried free-range chicken or organic Tofu w/seasonal fresh vegetables, spicy mango soy mayonnaise, spring onion, lemon

ONIGIRI SET.....

2 Japanese traditional rice balls w/Tsukemono, pickled ginger

V ☆ Vegan Onigiri Set 13.0

Tukudani of Shiitake mushroom & Kombu Tamari Roasted seeds & Umeboshi paste*

☆ Fish Flake & Teriyaki

Chicken Onigiri Set 13.0

flaked fish (salmon or kingfish) Teriyaki free-range chicken

SIDE.....

V ☆ Organic Miso Soup 4.0

w/crispy Tofu, spring onion

V ☆ Steamed Multi-Grain Rice

4.0

w/grains such as wild rice*, quinoa*, sorghum*, millet*, amaranth*

KID ' S NENU.....

- ☆ Kids Teriyaki Chicken Bowl 12.0
- ☆ Kid's Teriyaki Market Fish Bowl 12.0
- V ☆ Kid's Teriyaki Organic Tofu Bowl 12.0
all bowl served with multi-grain rice, red cabbage, JANKEN Koji & carrot* dressing, Edamame, Nori seaweed
- ☆ Kid's Teriyaki Free-range Chicken Ramen 12.0
- ☆ Kid's Teriyaki Market Fish Ramen 12.0
- ☆ Kid's Teriyaki Organic Tofu Ramen 12.0
all Ramen served in a Miso based soup with rice noodle w/cabbage. onion, spring onion, roasted sesame*
- V ☆ Kid's Avocado Sushi Roll 6.5 (6 pieces)
- ☆ Kid's Salmon Sushi Roll 10.0 (6 pieces)

SOFT DRINK.....

- Apple, Orange & Mango juice* 5.0
- Orange Juice* 5.0
- Gingerella* 5.0
- Karma Cola* 5.0
- Lemmy Lemonade* 5.0
- Kombucha(today's flavour)* 6.0
- Antipods Sparkring Water 500ml 5.0
1L 10.0
- Antipods Still Water 500ml 5.0
1L 10.0
- Cajyutta Freshly Squeezed Grapefruit Juice 5.0
- Yuzu Tonic 9.0
- Asahi Dry Zero(non alc.) 8.0

PRE-ORDER MENU.....

Please pre-order for these menu at least one day advance.

- Nigiri Sushi & Sashimi Set
For 2 people 70.0
For 4 people 140.0
4 kinds of Nigiri Sushi (8/16pieces)
3 kinds of fresh market fish Sashimi & Scallop Sashimi (16/32 pieces) served with 2/4 cups of Miso soup, Tsukemono, Wasabi, pickled ginger
- Nigiri & Roll Sushi Set
For 2 people 65.0
For 4 people 130.0
4 kinds of Nigiri Sushi (8/16 pieces)
Mix Fish Sushi Roll (6/12 pieces)
Avocado Sushi Roll (6/12pieces) served with 2/4 cups of Miso soup, Tsukemono, Waabi, pickled ginger
- Vegan Sushi Roll Platter 45.0 (20 pieces)
Vegan Nigiri Sushi 4 pieces
Avocado Vege Roll 8 pieces
Karaage Vegetable Roll 8 pieces served with Wasabi, pickled ginger

V: Vegan ☆: not used gluten-containing ingredients * Certificated Organic Ingredients

If you have any special dietary requirements or allergies, please let us know before you order. Our kitchen handles wheat, soy, tree nuts, egg, and so on. Please understand that we can not guarantee 100% free from contaminants but will do our best to cater towards you.